

Arizona CTAC Steering Committee

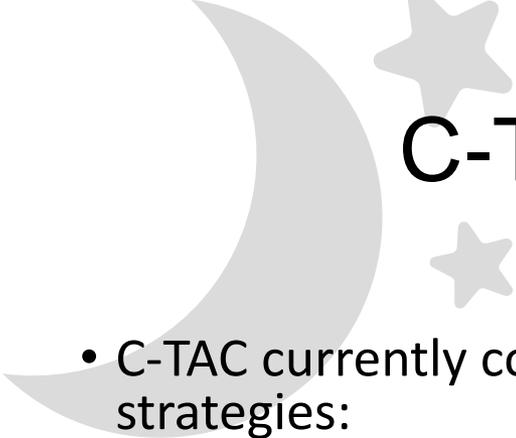
To transform advanced illness care for Arizonans

January 30, 2020



Welcome & Introductions

- Name, Organization & Your Role
 - New Members



C-TAC Moonshot Update

- C-TAC currently convening partners for collaboration around 4 strategies:
 - Public Engagement
 - Professional Education
 - Policy and Advocacy
 - Measurement
- Discern Health engaged for Measurement Project
- Steps to project:
 - Convene moonshot measurement strategy workgroup
 - Develop measurement strategy
 - Align on population definition
 - Select moonshot goal measures
 - Develop strategy for collecting data
 - Obtain baseline data for measures where available
 - Create public-facing materials summarizing strategy

Arizona C-TAC Talking Points

Project Structure and Roles

C-TAC, AZHHA, and AZEOLCP

- Lead and manage overall project
- Co-lead most workgroups

Steering Committee

- Oversee overall project
- Provide input and thought leadership
- Approve Best Practices final deliverables

Discern Health

- Best Practices Study principal investigator
- Conduct research and manage study
- Support overall project strategy

Community Support Services Workgroup

- Oversee and advise on key aspects of best practices study
- Review draft and interim deliverables
- Recommend resources and data sources

Funding Workgroup

- Identify sources of funding to support ongoing project work including implementation of best practices
- Conduct outreach as needed

Survey Workgroup

- Leverage Best Practices research to determine population and research questions for survey
- Provide content support for survey development

Community Support Services

WG Update

&

Best Practice Study Elements

Community Support Services Workgroup

Purpose

- Identify:
 - **Community services and supports** to be investigated in a “best practices” study
 - The most effective **measures** for assessing improvements in care and outcomes for Arizonans with serious illness
- Help develop a Discern **best practices proposal** to be approved by the Steering Committee
- After the proposal is executed, the purpose of this group may evolve.

Members

- Rachel Behrendt
- Courtney Bennett
- Vicki Buchda
- Pam Koester
- Chikal Patel – Co-lead
- Alysha Ramirez-Hall
- Theresa Schmidt – Co-lead

Elements of a Best Practices Study

Coalition to Transform Advanced Care and Discern Health

January 30, 2020

Louis Gagliano
Strategic Advisor to the C-TAC Group



Theresa Schmidt
Director, Discern Health

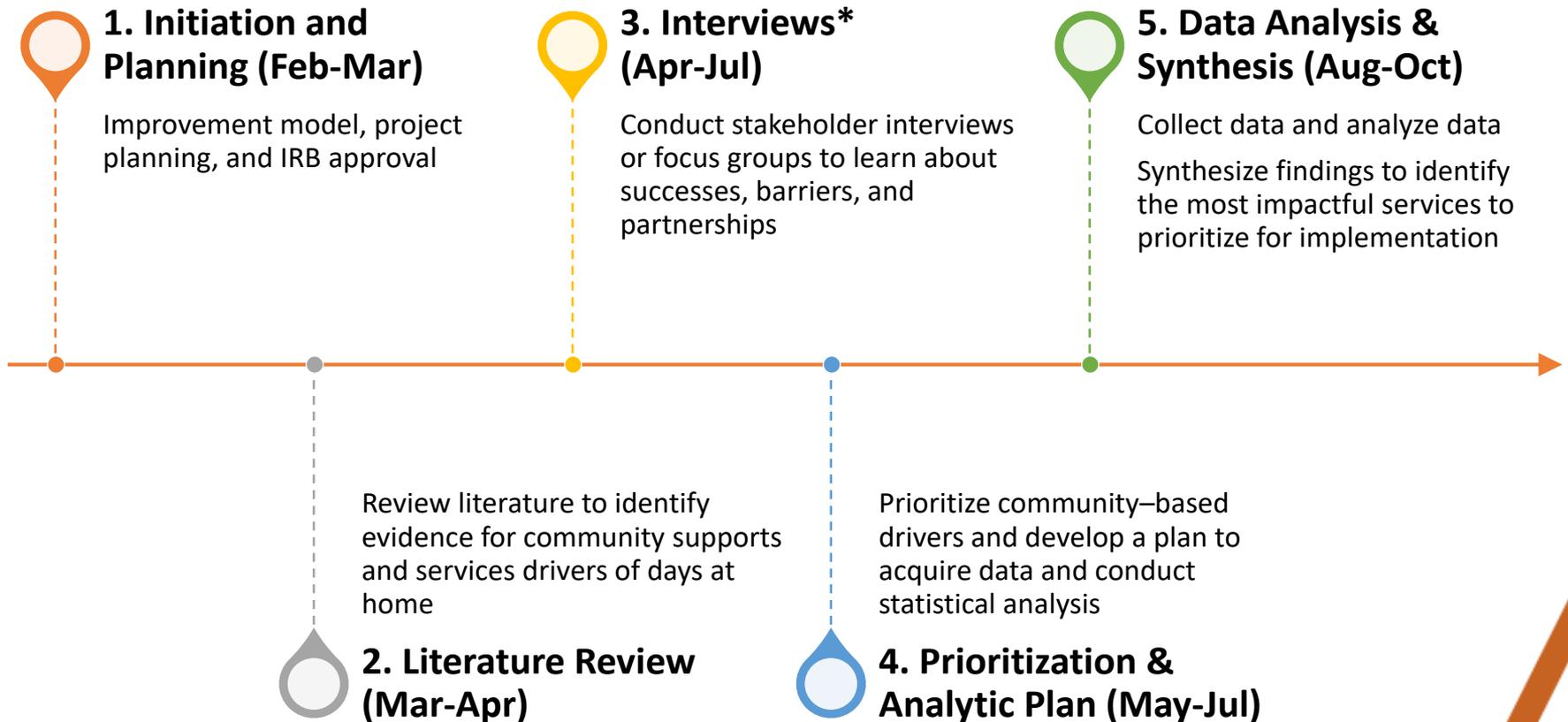


Best Practices Study Overview



- **Research Question**
 - Which community services and supports should Arizona implement (or scale) to increase the number of days at home?
- **Population of Focus**
 - People with serious illness living in the community (primary residence that is not a skilled-level medical facility)
- **Primary and Secondary Outcomes**
 - Days at home (data source TBD- CMMI connection)
 - Higher hospice days at end of life (ACT Index)
 - Lower crisis acute utilization (ACT Index Composite)
 - Hospital days per decedent
 - ICU days
 - Potentially avoidable ED visits
 - 30-day hospital readmissions
 - Patient / family satisfaction (Survey or Composite of CAHPs Measures)
- **Methods**
 - Improvement model
 - Literature review
 - Stakeholder interviews
 - Data analysis

Proposed Best Practices Study Timeline

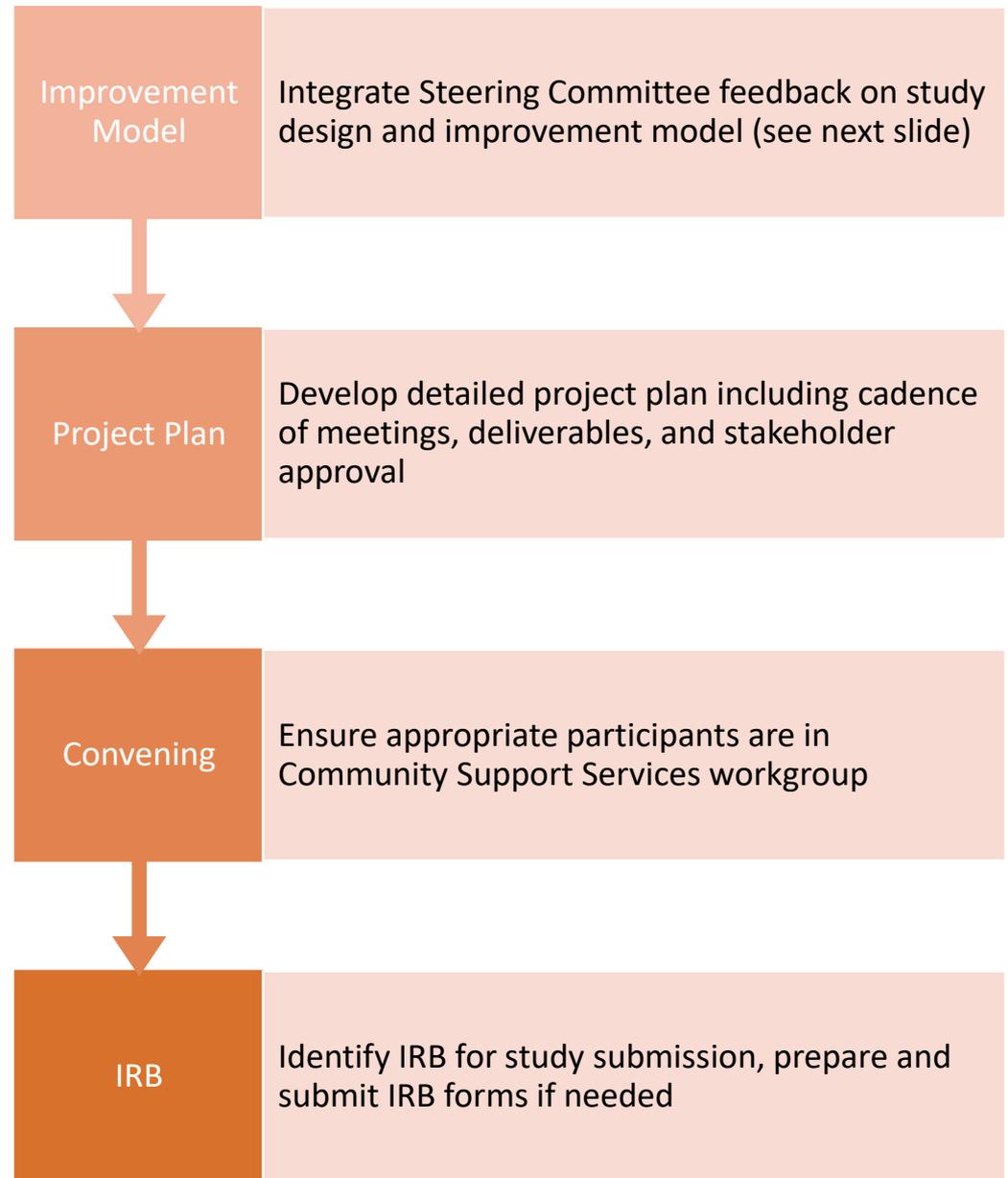


*Timeline is dependent on availability of interviewees/focus group participants.

1. Initiation and Planning

Deliverables:

- Detailed project timeline (word doc)
- IRB forms (TBD)



Improvement Model Summary

Community-based solutions address barriers leading to more days at home

Community-Based Solutions

- Telemedicine
- After-hours call center
- Transportation services
- Care coordination
- Nutrition services
- Food delivery services
- App for social support
- Health plan programs
- Employer-led support initiatives
- Support groups for families
- Low-cost respite services
- Home health agency visits
- Primary care at home
- Community-based palliative care
- PACE programs
- Community healthcare workers top of license
- Family caregiver tax credits or wages
- Community partnerships
- Partnerships to obtain good food in rural markets
- Pharmacy / payer medication access programs
- Faith-based organizations
- Volunteer programs
- Volunteers / workers for home-based care

Barriers to Days at Home

Family caregiver burden

Social isolation

Property maintenance issues

Food-related issues

Health incidents and medication issues

Healthcare Outcomes

Primary

Days at Home

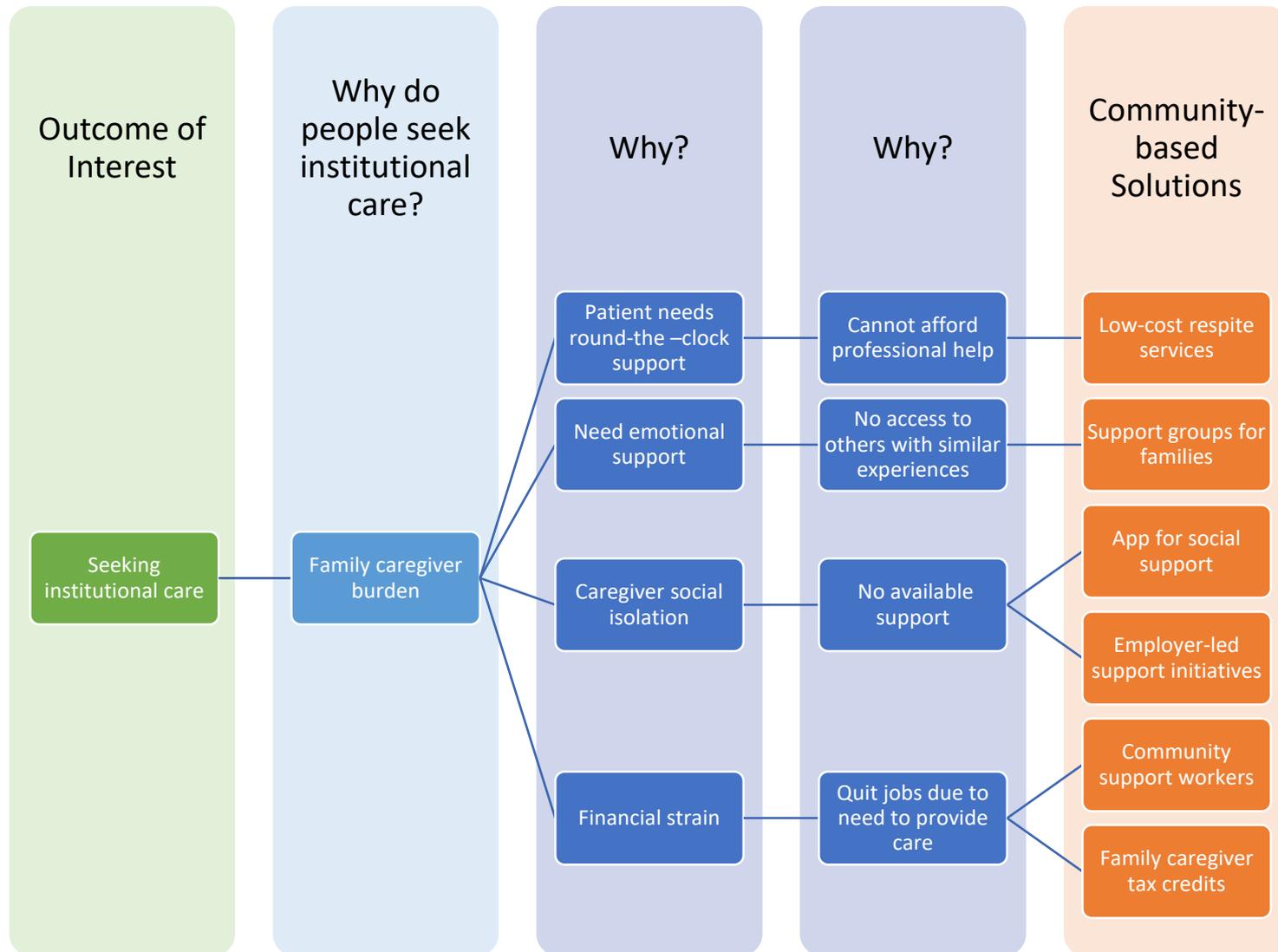
Secondary

Hospice Days (leading)

Crisis Acute Utilization

Patient / Family Satisfaction

Example: Family Caregiver Burden



2. Literature Review

Deliverables:

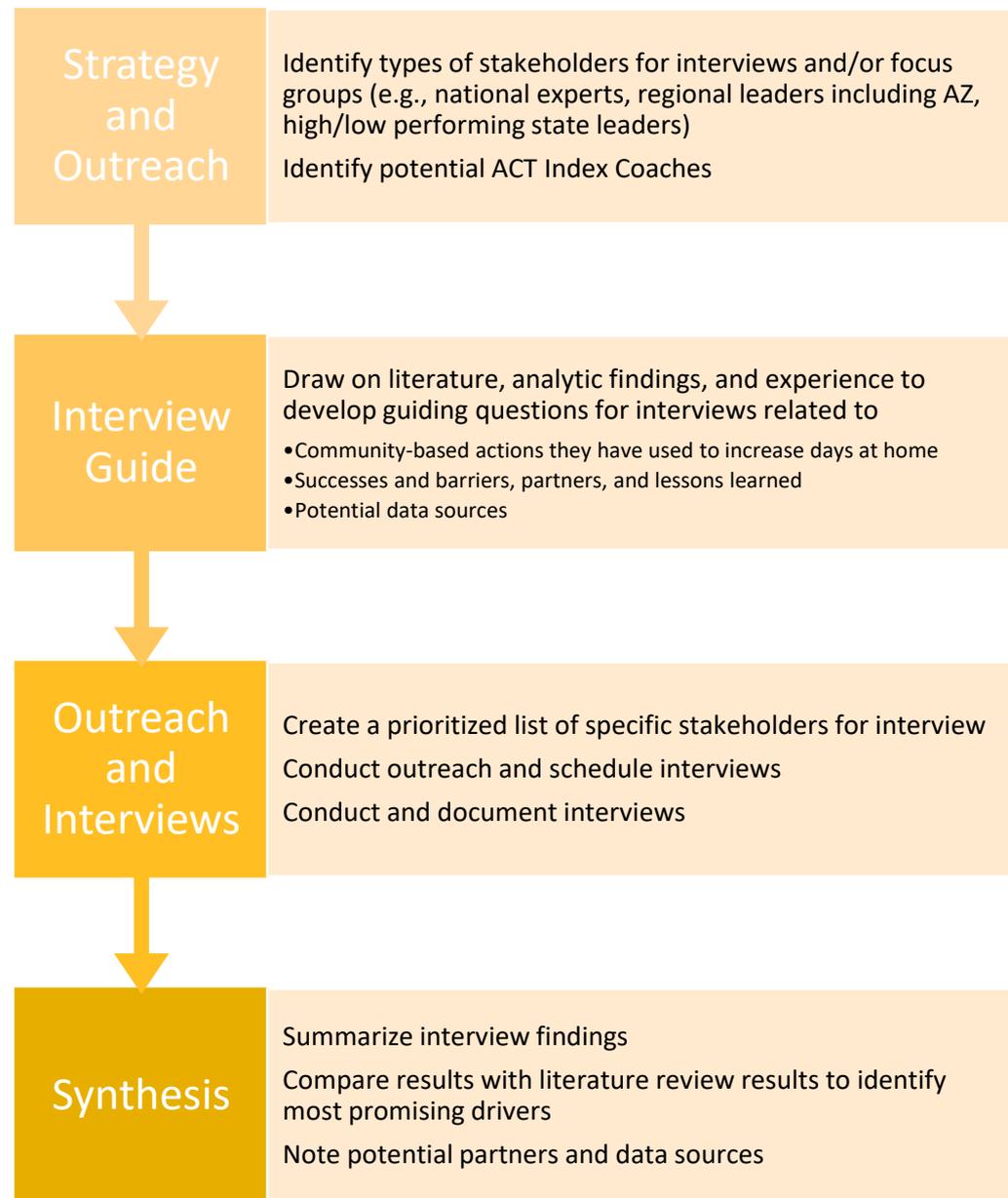
- Search strategy (word)
- Annotated list of references (excel)
- Summary of findings (slides)
- List of core concepts for Survey development (slides)



3. Interviews

Deliverables:

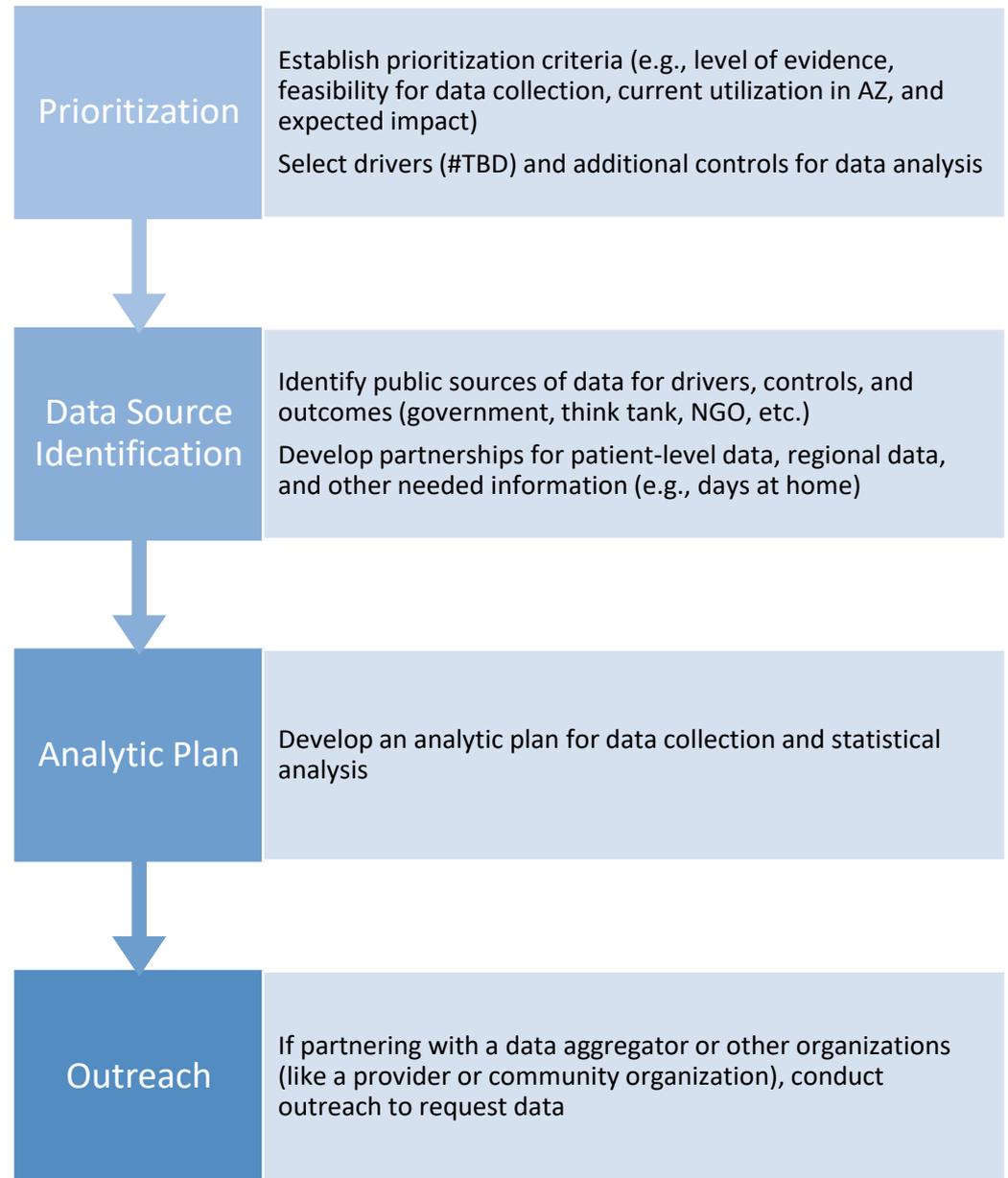
- List of interviewees (slides)
- Interview guide (word)
- Interview summaries (word)
- Updated summary of findings (slides)



4. Prioritization & Analytic Planning

Deliverables:

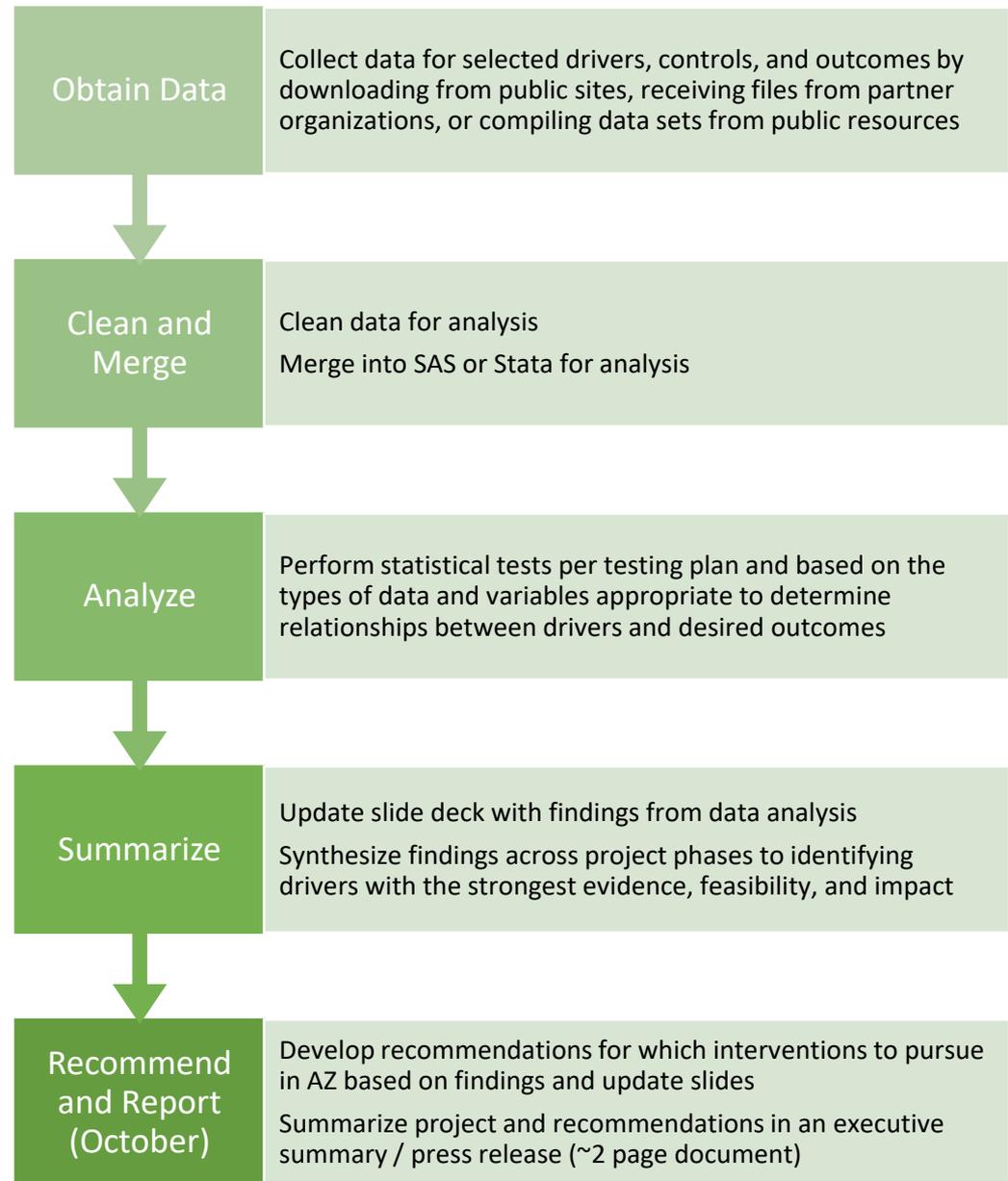
- List of criteria, drivers, controls, and data sources (slides)
- Analytic plan (word)
- Data request (TBD)



5. Data Analysis and Synthesis

Deliverables:

- Statistical results and data table (excel)
- Updated summary of findings (slides)
- Press release / executive summary (word)



Discussion Questions: Content

- **Is the population definition appropriate?**
 - People with serious illness living in the community (primary residence that is not a skilled-level medical facility)
 - Applies to residents of senior living communities, but not skilled nursing facilities
- **Is the focus on Days at Home as the primary outcome appropriate?**
- **Are any of the key improvement model barriers more promising for investigation?**
 - family caregiver burden
 - social isolation
 - property maintenance issues
 - food-related issues
 - health incidents and medication issues
- **Should we pursue interviews, focus groups, or both?**
 - What types of stakeholders?
 - How many?



Discussion Questions: Proposal

- **Does the study include the right steps in the right order?**
- **Have we included the right deliverables at each stage?**
 - (1) Project timeline and IRB forms
 - (2) Search strategy and annotated reference list
 - (3) Interview guide and summaries
 - (4) Analytic plan, Statistical models/results, and data table
 - (5) Comprehensive presentation deck updated with process and results of each phase
 - (5) Final executive summary/press release
- **Who else should participate in the Community Support Services Workgroup?**
 - Needed skills and experience: working with community-based programs, data sources, research study design, data analysis
- **How do we gain feedback from people not on the workgroup?**



Estimated Budget

Phase	Estimate
Initiation and Study Planning	\$5,500
Literature Review	\$35,000
Interviews (7 interviews- 15 interviews + focus groups)	\$14,000-30,000
Prioritization and Analytic Planning	\$14,500
Data Analysis	\$58,000-82,000
Coalition and workgroup support	\$33,000
Pass-through data and IRB costs	TBD
Total	\$160,000-200,000

Notes

- Projected timeline: March-October (Assumes contract approved in February)
- Ranges based on number of interviews, possible focus groups, data sources (type and number)
- Additional pass-through costs possible for data and IRB

Next Steps

- Revise proposal based on Steering Committee and Community Support Services Workgroup feedback
- Final proposal to be presented at the next steering committee meeting

Funding WG Update

- Purpose:
 - Identify funding and resources to support AZ C-TAC work beyond year one, including implementation
 - Fund Person/Caregiver Survey
- Timeline
- Amount
 - Detailed budget proposal under development
- Potential Funder List Identified
- Strategy
 - Seek high profile organizations known for collaborative projects to get the grant and distribute funds to different organizations
 - Update C-TAC and AzHHA Websites to spotlight this work
 - Seek global funding through C-TAC
 - Develop 2 pager overview with menu of funding options (programs)
 - **ASK: Steering Committee participants create 3-4 sentences describing how this work will impact their work, how it will create desired outcomes by 2/15/20.**

Key Takeaways

Next Meeting:

February 26, 2020

10-12 am

Arizona Hospital & Healthcare Association

2800 N. Central Avenue, Suite 1450

Phoenix, AZ 85004

WebEx Will Be Available